Module 05: Public Health & Water Quality

April 2021

PowerPoint - Environment, Choice, and Health

Center for Urban Resilience

Follow this and additional works at: https://digitalcommons.lmu.edu/urbanecolab-module05

Part of the Ecology and Evolutionary Biology Commons, Environmental Education Commons, Sustainability Commons, and the Urban Studies and Planning Commons

Repository Citation
https://digitalcommons.lmu.edu/urbanecolab-module05/39

This Lesson 2: Choices and Health is brought to you for free and open access by the Urban EcoLab at Digital Commons @ Loyola Marymount University and Loyola Law School. It has been accepted for inclusion in Module 05: Public Health & Water Quality by an authorized administrator of Digital Commons@Loyola Marymount University and Loyola Law School. For more information, please contact digitalcommons@lmu.edu.
Environment, Choice, and Health

Module 5 Lesson 2
Factors Influencing the Health of a Population

• Access to resources and technology.
  – Food
  – Sanitation and Sewage Treatment
  – Medicine – i.e. antibiotics, medical procedures

• Culture
  – the characteristic features of everyday existence shared by people in a place or time (Merriam-Webster’s Online Dictionary)
American Culture

• What are some characteristics of American culture that might influence health?
Japanese American Study
(Marmot & Syme, 1976)

• Japanese Americans that had taken on American habits including diet were more likely to get cardiovascular disease than those individuals that retained their Japanese habits.
Different cultures – Different norms

The following pictures depict typical weekly food consumption for families of different countries.

What do you notice?
Making it Personal

In the next activity, you will think about your own habits and how culture may or may not influence your decisions.