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PowerPoint - Environment, Choice, and Health

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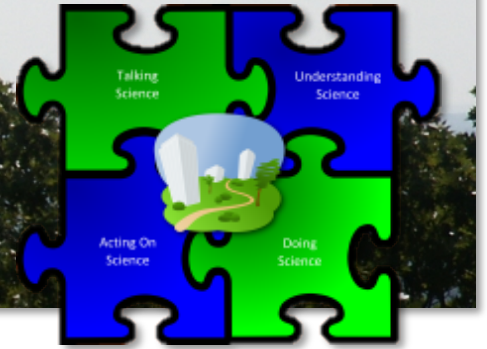
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Urban EcoLab Curriculum

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Environment, Choice, and Health

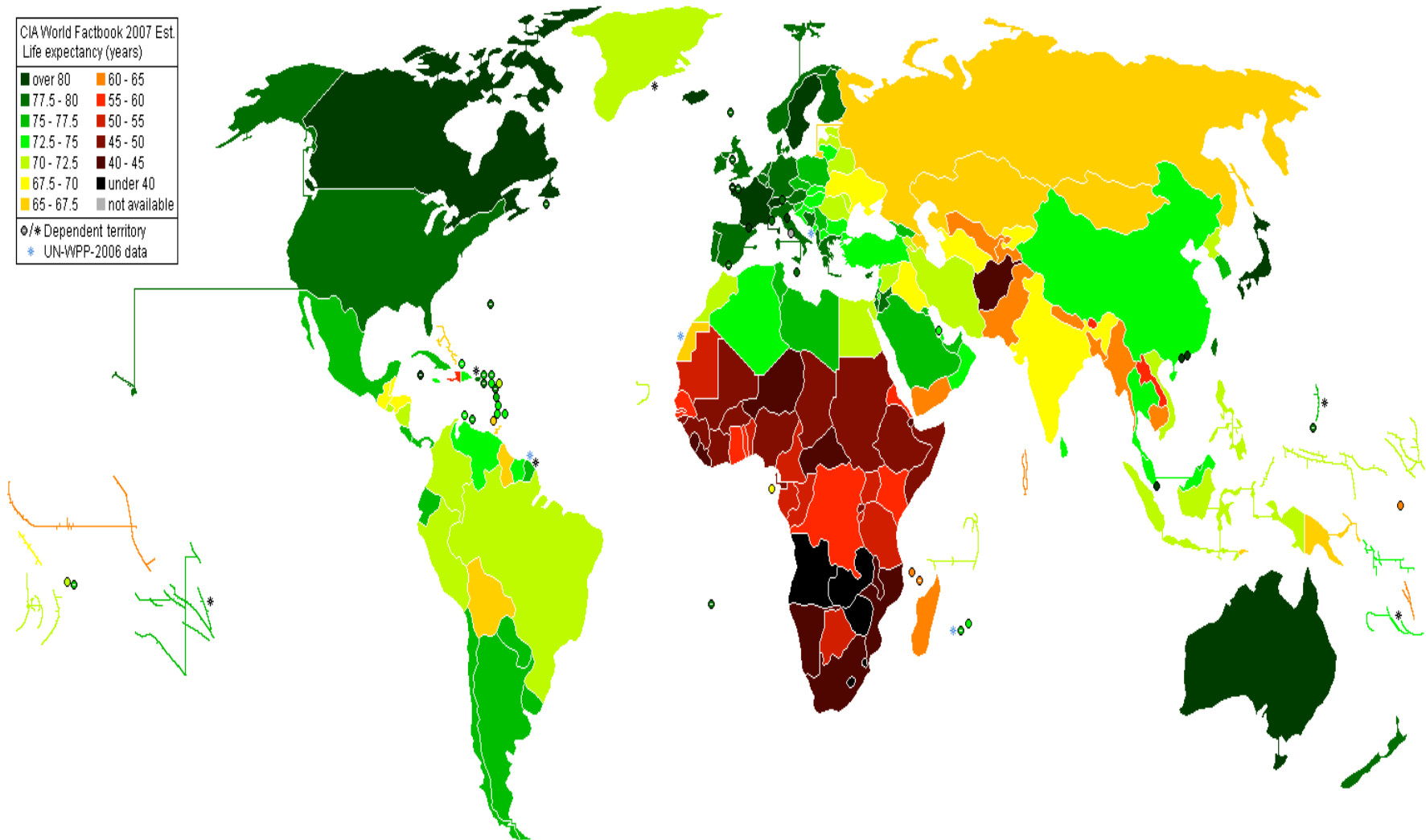
Module 5 Lesson 2



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Life Expectancy (years) – CIA World Factbook 2007

CIA World Factbook 2007 Est. Life expectancy (years)	
over 80	60 - 65
77.5 - 80	55 - 60
75 - 77.5	50 - 55
72.5 - 75	45 - 50
70 - 72.5	40 - 45
67.5 - 70	under 40
65 - 67.5	not available
◊/* Dependent territory	
* UN-WPP-2006 data	



Factors Influencing the Health of a Population

- Access to resources and technology.
 - Food
 - Sanitation and Sewage Treatment
 - Medicine – i.e. antibiotics, medical procedures
- Culture
 - the characteristic features of everyday existence shared by people in a place or time (Merriam-Webster's Online Dictionary)

American Culture

- What are some characteristics of American culture that might influence health?

Japanese American Study

(Marmot & Syme, 1976)

- Japanese Americans that had taken on American habits including diet were more likely to get cardiovascular disease than those individuals that retained their Japanese habits.

Different cultures – Different norms

The following pictures depict typical weekly food consumption for families of different countries.

What do you notice?

Making it Personal

In the next activity, you will think about your own habits and how culture may or may not influence your decisions.