

Journal of Clinical Art Therapy

Volume 2 Issue 1 *Journal of Clinical Art Therapy*

Article 2

December 2014

Editorial Poem

Einat Metzl

Loyola Marymount University, emetzl@yahoo.com

Follow this and additional works at: https://digitalcommons.lmu.edu/jcat

Part of the Clinical Psychology Commons, Fine Arts Commons, Health Psychology Commons, Other Languages, Societies, and Cultures Commons, Other Social and Behavioral Sciences Commons, and the Social Work Commons

Recommended Citation

Metzl, E. (2014). Editorial Poem. *Journal of Clinical Art Therapy,* 2(1), , retrieved from: https://digitalcommons.lmu.edu/jcat/vol2/iss1/2

This Editorial is brought to you for free and open access by the Marital and Family Therapy at Digital Commons @ Loyola Marymount University and Loyola Law School. It has been accepted for inclusion in Journal of Clinical Art Therapy by an authorized administrator of Digital Commons@Loyola Marymount University and Loyola Law School. For more information, please contact digitalcommons@lmu.edu.

Editorial Poem

Summoning the contemplative possibilities of art, this

Edition begins. First, a

Case Formulation:

One woman struggling with aggression, her therapists

Notice how paintings uncover what is

Distanced from consciousness, leading to the core.

Exploring anorexia then follows:

De-constructing common theories within our gendered context

Informs and repositions women's art.

Third, Hebrew calligraphy and art therapy

Inspire each other, bringing felt gaps

Of spiritual and clinical frames - into one.

Not simply product or process; art reflects the spaces between