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Module 10: Garden Ecology

Urban EcoLab

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May 2021

## Garden Resources Lists

Center for Urban Resilience

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# What California once looked like, and could again!





# WHY GO NATIVE?

- Native plant species are needed for insects and animals to flourish.
- Exotic ornamentals out-compete native plants, many creatures starve to death because they did not evolve with the exotics and simply cannot eat them. Resist buying them. If you have the opportunity to change something in your garden, and you have a choice between non-native and native plants – ***go native!***
- As Douglas Tallamy is quoted as saying, “You don’t have to cut down the lilacs, but they are doing nothing for the insects and birds. It’s as if they were plastic. They’re not hurting anything, except that they’re taking space away from something that could be productive.”

Excerpt from The New York Times, IN THE GARDEN Section, March 6, 2008, “To Feed the Birds, First Feed the Bugs” article By ANNE RAVER, profiling Douglas Tallamy and his book BRINGING NATURE HOME

# Garden Mentors



Renowned around the country and revered within the Los Angeles environmental community, the Gottlieb Native Garden is a National Wildlife Federation-certified Backyard Wildlife Habitat. It is brimming with nature yet located less than a mile from the busy streets of Beverly Hills. Susan Gottlieb, the dedicated environmentalist who created the garden believes we could save the world if we all understood the power of native plants.

The Gottlieb Native Garden: <http://thegottliebnativegarden.com/>

# Garden Mentors

This book is her story, as well as a larger one: the story of how to restore natural habitat and protect biodiversity with simple, individual actions.

It provides an example of what every one of us can accomplish by prioritizing nature.



**The Gottlieb Native Garden: A California Love Story** captures the essence of this stunning space and reveals the fundamental importance of Susan Gottlieb's mission to **restore native plants all over southern California.**



"If you have a backyard, this book is for you."

—Richard Louv, author of *Last Child in the Woods*

# Bringing Nature Home

UPDATED AND EXPANDED

**How You Can  
Sustain Wildlife  
with Native Plants**

**Douglas W. Tallamy**

With a Foreword by Rick Darke

## Why We Need Biodiversity

Here is why every one of us should feel threatened. Here is why it matters. Losses to biodiversity are a clear sign that our own life-support systems are failing. The ecosystems that support us - that determine the carrying capacity of our Earth and our local spaces - are run by biodiversity. It is biodiversity that generates oxygen and clean water, creates topsoil out of rock, buffers extreme weather events like droughts and floods, pollinates our crops, and recycles the mountains of garbage we create every day.

Humans cannot live as the only species on this planet because it is other species that create the ecosystem services essential to our survival. Every time we force a species to extinction we promote our own demise.

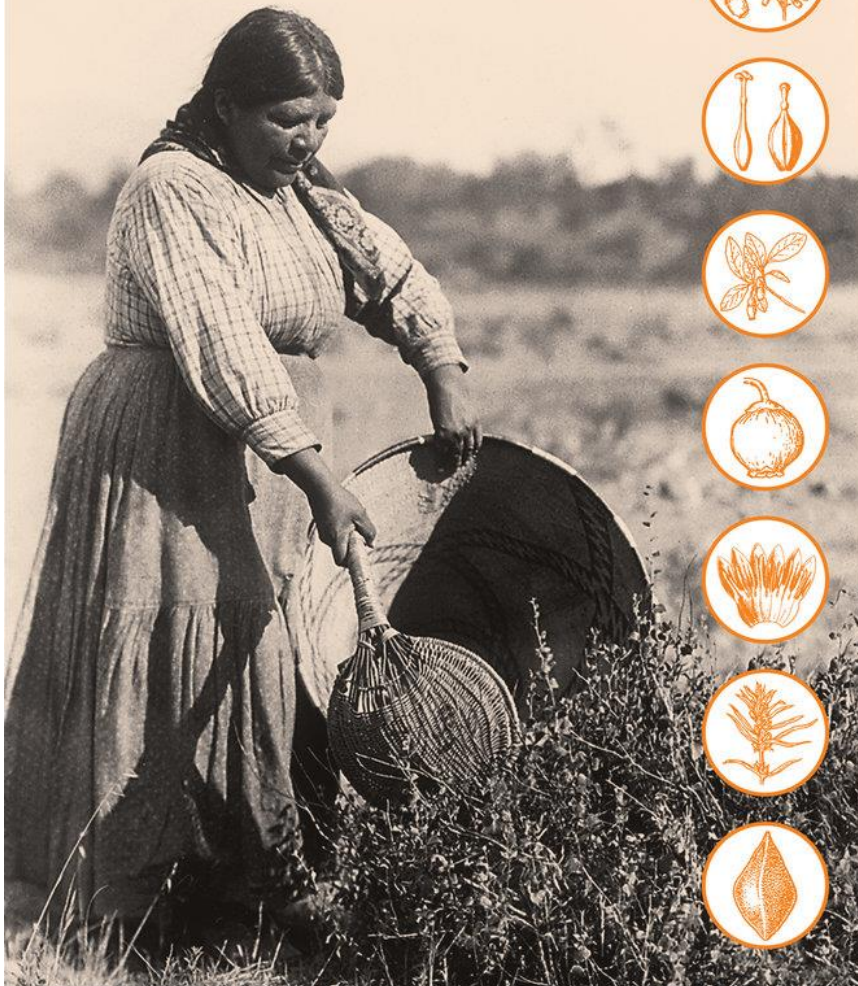
Biodiversity is not optional.

Excerpts from article reprinted from the  
*Wild Ones Journal* Vol. 22, No. 2.

M. KAT ANDERSON

# TENDING THE WILD

NATIVE AMERICAN KNOWLEDGE  
AND THE MANAGEMENT OF  
CALIFORNIA'S NATURAL RESOURCES



Native Americans got it.

They knew the value in managing their natural resources.

For them it was immediately obvious that their survival depended upon how they managed their environment.

It's not so obvious to us in these modern times - with food growing, processing and management so far removed from our daily lives – but it's just as important.



# Edible Native Plant Controversy

Excerpt from Sustainable Living: Foraging for Native Plant Foods in Your Own Backyard Blog article:

Native plants play an important role in living sustainably. They furnish habitat, create shade, improve the soil and provide edible and craft materials. To put it simply, California natives are remarkable additions to the garden ecosystem. But it's important to remember that these plants are also critical components of natural ecosystems.

The increased interest in edible and medicinal native plants creates several unintended consequences. Most important is the overuse of natural stands of native plants growing in the wild. This is not just a problem in California; over-collecting of native plants is a critical issue world-wide, leading to the extinction of entire plant species.

While some California native plants are still common, others are rare – even endangered - in the wild. Humans have played a key role, primarily by destroying habitat (building houses, roads, etc.). Global climate change is putting further pressures on wild plants and animal populations.

<http://mother-natures-backyard.blogspot.com/2016/06/sustainable-living-foraging-for-native.html>

Two articles to read:

- Lisa Novick, Director of Outreach and K-12 Education, Theodore Payne Foundation for Wild Flowers & Native Plants:  
[http://www.huffingtonpost.com/lisa-novick/forage-in-the-garden-not\\_b\\_10211746.html](http://www.huffingtonpost.com/lisa-novick/forage-in-the-garden-not_b_10211746.html)
- Dr. Connie Vadheim, Adjunct Professor, Cal State Dominguez Hills, Biology Department  
<http://mother-natures-backyard.blogspot.com/2016/06/sustainable-living-foraging-for-native.html>



# Medicinal Native Plants

## Local Resources:

- Ojai: Herb Walks with Lanny Kaufer <https://herbwalks.com/>
- Santa Barbara: EthnoHerbalist with Dr. Kevin Curran <http://www.ethnoherbalist.com/>

## **Southern California ethnobotany: traditional use of native plants author: Dr. Kevin Curran updated: 4-17-2017**

Southern California is home to a diverse collection of native plants. These plants have successfully adapted to the mostly dry and warm climate of the region. Certain southern California native plants evolved to survive in the extreme heat of the Sonoran Desert while others enjoy the cool, sea breeze of the Coastal Sage Scrub plant community. On this page, we provide a clickable list of native California plants that have been useful in some way to the early settlers of southern California. This page is updated every year, so please email us to share additional plant usage information.

Humans have occupied southern California for about 12,000 years. During this time, people have relied on local plants for food, tools, medicine, shelter and clothing. As you read more about each native plant, you'll understand the way early Native Americans relied on these plants for their survival.

Excerpt taken from: <http://www.ethnoherbalist.com/southern-california-native-plants-medicinal/>

## Books to read:

1. Healing with Medicinal Plants of the West, by James D. Adams, Jr. - Associate Professor of Pharmacology at USC, and Cecilia Garcia- Chumash Indian Healer
2. "Temalpakh: Cahuilla Indian knowledge and usage of plants", by Lowell Bean and Katherine Siva Saubel
3. "Chumash Ethnobotany: Plant Knowledge Among the Chumash People of Southern California", by Jan Timbrook
4. "The Drought Defying California Garden", by Greg Rubin and Lucy Warren

# Garden Mentors



Dr. Connie Vadheim,  
Adjunct Biology Professor and Botanist  
CSUN Dominguez Hills

Gardena Willows: <http://mother-natures-backyard.blogspot.com/p/about-mother-natures-backyard.html>

# Madrona Marsh Nature Center (Torrance)

3201 Plaza del Amo, Torrance, CA 90503  
(310) 782-3989

<http://www.friendsofmadronamarsh.com/>

Free classes taught by Connie Vadheim and Tracy Drake

1. “Out of the Wilds and Into Your Garden” Series
2. “One Pot at a Time” Project
3. Ongoing Classes and Workshops





# Garden Mentors

The Theodore Payne Foundation for Wild Flowers and Native Plants is a 501(c)3 nonprofit organization dedicated to the understanding, preservation and use of California Native Wild Flowers and Plants.

The Foundation preserves the legacy and carries on the work of Theodore Payne, a pioneering Los Angeles nurseryman, horticulturist and conservationist widely considered to be the father of the native plant movement in California.



Theodore Payne <http://theodorepayne.org/about/theodore-payne/>

# Theodore Payne Foundation (Sun Valley)

10459 Tuxford Street  
Sun Valley, California 91352  
818-768-1802

<http://theodorepayne.org/>



# Follow these links to read why it is so important to create ponds, waterfalls or water features and pesticide-free native gardens

- HOW BIRDS KEEP OUR WORLD SAFE FROM THE PLAGUES OF INSECTS:  
[http://nationalzoo.si.edu/ConservationAndScience/MigratoryBirds/Fact\\_Sheets/default.cfm?fxsh=2](http://nationalzoo.si.edu/ConservationAndScience/MigratoryBirds/Fact_Sheets/default.cfm?fxsh=2)
- WHERE BIRDS GO IN A IN A HURRICANE:  
<https://www.forbes.com/sites/grrlscientist/2017/09/08/where-do-birds-go-in-a-hurricane/#1055f36b254a>
- IMPACT OF NATIVE PLANTS on Bird and Butterfly Biodiversity in Suburban Landscapes:  
<http://blog.audubon.org/cs/blogs/birdscapes/archive/2009/03/10/impact-of-native-plants-on-bird-and-butterfly-biodiversity-in-suburban-landscapes.aspx>
- BRINGING NATURE HOME: HOW NATIVE PLANTS SUSTAIN WILDLIFE IN OUR GARDENS: <http://bringingnaturehome.net/book>
- SONGBIRD JOURNEYS: <http://www.songbirdjourneys.com/>
- RACHEL CARSON LIVES ON: <http://www.nrdc.org/health/pesticides/hcarson.asp>
- WHITE HOUSE COMMENTS:  
<http://www.whitehouse.gov/news/releases/2007/10/print/20071019-18.html>
- AUDUBON BIRDS IN DECLINE: <http://web1.audubon.org/news/pressRelease.php?id=3>
- AUDUBON STATE OF THE BIRDS 2017: <http://www.stateofthebirds.org/2017>
- List of Top 20 Common Birds in Decline: <http://stateofthebirds.audubon.org/cbid/browseSpecies.php>
- AUDUBON CLIMATE CHANGE REPORT 2014: <http://climate.audubon.org/>
- TO FEED THE BIRDS, FIRST FEED THE BUGS:  
<http://www.nytimes.com/2008/03/06/garden/06garden.html>
- A WATER PUDDLE BRINGS WARBLERS Huntington Central Park in Sept 2007 Photos by Monte M. Taylor and Christopher H. Taylor: [http://www.tsuru-bird.net/california\\_20070930/index.html](http://www.tsuru-bird.net/california_20070930/index.html)



# Where to get Info about birds, plants and water:

- ABC'S top Ten Tips for Bird-Friendly Living (American Bird Conservancy)  
<http://www.abcbirds.org/newsandreports/Toptips.pdf>
- Be Water Wise Rebate Program - Metropolitan Water District of Southern California and The Family of Southern California Water Agencies [http://www.bewaterwise.com/ww\\_landscaping.html](http://www.bewaterwise.com/ww_landscaping.html)
- Audubon At Home - Healthy Yard Pledge [http://www.audubon.org/bird/at\\_home/](http://www.audubon.org/bird/at_home/)
- Los Angeles Audubon Society - Go Native to Attract Birds  
[http://losangelesaudubon.org/index.php?option=com\\_content&task=view&id=250&Itemid=77](http://losangelesaudubon.org/index.php?option=com_content&task=view&id=250&Itemid=77)
- California School Garden Network <http://csgn.org/>
- Central Basin Municipal Water District <http://www.centralbasin.org/>
- California Native Plant Society <http://www.cnps.org/>
- County of LA Department of Public Works - Smart Gardening Program  
<http://dpw.lacounty.gov/epd/sq/>
- <http://dpw.lacounty.gov/wwd/web/Documents/DroughtTolerantPlants.pdf>
- #H2No <http://www.joinh2no.com/>
- Master Gardener Program University of California ANR (Agriculture and Natural Resources) Cooperative Extension <http://camastergardeners.ucdavis.edu/>
- National Wildlife Federation "Garden for Wildlife" - Create a Certified Wildlife Habitat  
<http://www.nwf.org/backyard/index.cfm>
- The Bay Foundation: Rainwater Harvesting and Rain Gardens  
<http://www.santamonicabay.org/explore/our-communities/rainwater-harvesting-rain-gardens/>
- US Department of Agriculture NRCS (Natural Resources Conservation Service) Backyard Conservation <http://www.nrcs.usda.gov/feature/backyard/>
- WBMWD (West Basin Municipal Water District) <http://www.westbasin.org/>
- WRD (Water Replenishment District of Southern California) <http://www.wrd.org/>

# Where to buy native plants and seeds, take classes and get info on the garden:

- Annie's Annuals & Perennials (Richmond) <http://www.anniesannuals.com>
- El Nativogrowers (Azusa) <http://www.elnativogrowers.com/>
- Matilija Nursery (Moorpark) <http://www.matilijanursery.com/>
- Nopalito Native Plant Nursery (Ventura) <http://nopalitonursery.com/>
- Theodore Payne Foundation (Sun Valley) <http://www.theodorepayne.org/>
- Tree of Life Nursery (San Juan Capistrano) <http://www.californianativeplants.com/>
- Madrona Marsh Nature Center (Torrance) - Connie Vadheim and Tracy Drake  
<http://www.friendsofmadronamarsh.com/> (310) 782-3989
  1. "Out of the Wilds and Into Your Garden" Series
  2. "One Pot at a Time" Project
  3. Ongoing Classes and Workshops
- Mother Nature's Backyard: Water-wise and Life Friendly Gardening (out of Gardena Willows):  
<http://mother-natures-backyard.blogspot.com/>
- Native Plants at CSUDH: Research, Restoration and Education with California Native Plants  
<http://nativeplantscsudh.blogspot.com/>
- Native Sons Nursery: <http://nativeson.com/>
- Manhattan Beach Botanical Garden – Julie Gonella <http://www.manhattanbeachbotanicalgarden.org/>  
(310) 546-1354
- Lerner Seeds (Bollinas) <http://www.lernerseeds.com/>
- Las Pilitas Nursery (San Juan Capistrano) <http://laspilitas.com/>
- Lady Bird Johnson Wildflower Center *Austin, Texas-based center, website includes image gallery and native plants database* <http://www.wildflower.org>
- Rancho Santa Ana Botanical Garden <http://www.rsabg.org/>

# Where to get bird seed, feeders and water features:

- Aquatic Services – Marine, Freshwater, Ponds, Installation and Service Bill Kalinowski (310) 822-7870 Torrance
- Avian Aquatics – Water Features <http://www.aboutus.org/AvianAquatics.com> may be out of business or merged with Birds Choice: <http://www.birdschoice.com/>
- Enviroscape LA – Waterwise gardening and water features <http://enviroscapela.com/>
- Real Goods – Solar Water Features <http://www.realgoods.com/?gclid=S31185x001&keyword=real+goods>
- Sierra Pacific Designs – Ponds and Waterfalls, Jamie Schevers (866) 888-POND (7663) or (310) 915-6600 Los Angeles <http://www.sierrapacificdesigns.com/>
- Simply Fountains – solar fountains <http://www.simplyfountains.com/outdoor-fountains/solar-fountains/2084+2087+3574.cfm>
- Wild Birds Unlimited – seed, feeders, birdbaths, books and more, Bob Shanman 25416 Crenshaw Blvd Torrance, CA 90505 (310) 326-BIRD(2473) *In Rolling Hills Plaza at corner of PCH* Store Hours: Mon, Wed - Sat 10-6; Tue 10-5:30, Sun 11-4 <http://torrance.wbu.com/>
- Wild Wings - Your Backyard Nature Store – seed, feeders, birdbaths, etc., and a fabulous live butterfly habitat! Located at: 4337 Woodman Ave, Sherman Oaks, CA 91423 Phone: (818) 995-0022, Fax: (818) 995-0722, Email: [wildwingsla@gmail.com](mailto:wildwingsla@gmail.com), <http://www.wildwingsla.com/>



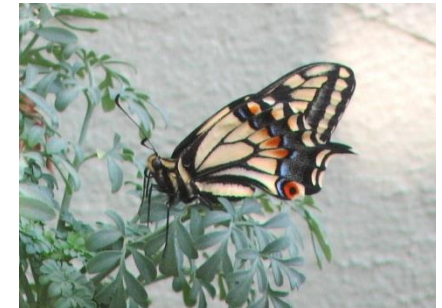
# Garden Resources On-line

## How to register your garden as a **Wildlife Habitat Yard**

- 1) Audubon At Home <http://audubonathome.org/>
- 2) National Wildlife Federation  
<http://www.nwf.org/gardenforwildlife/create.cfm?CFID=7177856&CFTOKEN=176461acda590e96-4839F373-5056-A868-A0F00601F3124B08>
- 3) Monarch Waystation Program  
<http://www.monarchwatch.org/waystations/certify.html>
- 4) Xerces Society <http://www.xerces.org/bringbackthepollinators/>



The Pollinator Partnership is a non-profit 501(c)3 organization and the largest in the world dedicated exclusively to the protection and promotion of pollinators and their ecosystems.  
•Go to this website for more resources on pollinators: <http://www.pollinator.org/>



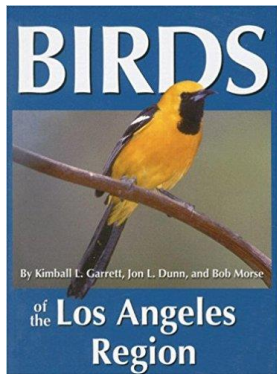
### Why do this?

- Your garden will come alive
- You'll teach your students
- You'll love your garden!



# Birding Resources

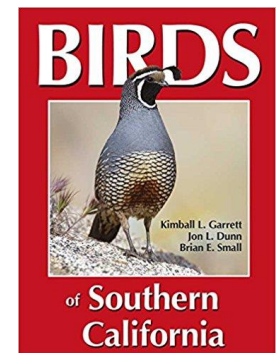
- Apps
  - iBird PRO app - \$14.95 (phone)
  - Merlin Bird ID app - free (phone)
- Cornell Lab of Ornithology
  - [www.birds.cornell.edu](http://www.birds.cornell.edu)
  - <http://www.allaboutbirds.org/>
- Macauley Library (Cornell)
  - <https://macaulaylibrary.org/browse/taxa/aves>
- Join a Local Audubon Birding Group
  - Los Angeles Audubon Society <http://losangelesaudubon.org>
  - San Fernando Audubon Society <https://www.sfvaudubon.org/>
  - Santa Monica Bay Audubon Society <https://smbasblog.com/>
- Join a Local Birding Email Group
  - LACoBirds <https://groups.yahoo.com/neo/groups/LACoBirds/info>
  - CalBirds <https://groups.yahoo.com/neo/groups/CALBIRDS/info?referrer=LACoBirds>



# Birding Resources

## – Bird Reference Books

- 1) A Birder's Guide to Southern California, by Brad Schram, published by American Birding Association (ABA), 1998
- 2) Birds of the Los Angeles Region, by Kimball L. Garrett, Jon L. Dunn, and Bob Morse, 2006
- 3) Birds of North America, By Kenn Kaufman, 2000
- 4) Birds of Southern California, by Kimball L. Garrett, Jon L. Dunn, Brian E. Small, 2012
- 5) Field Guide to the Birds – Western Region, by Donald & Lillian Stokes, 1996
- 6) Field Guide to the Birds of North America, published by National Geographic, 1999
- 7) Field Guide to the Birds of Western North America, published by National Geographic, 2008
- 8) Important Bird Areas of California, by Daniel S. Cooper, published by Audubon California, 2004
- 9) Sibley Field Guide to Birds – Western North America, by David Sibley, 2003
- 10) Western Birds, by Roger Tory Peterson, 1990





# Citizen Science (Birding and Wildlife)

- E-bird
  - [www.ebird.org](http://www.ebird.org)
- iNaturalist
  - <http://www.inaturalist.org/>
- Christmas Bird Count (CBC)
  - <http://www.audubon.org/conservation/science/christmas-bird-count>
- Great Backyard Bird Count (CBBC)
  - <http://gbbc.birdcount.org/about/>
- Project Feederwatch
  - [www.feederwatch.org](http://www.feederwatch.org)

# Bird and Garden Resources Books to Read

- 1) "A CALIFORNIAN'S GUIDE TO THE TREES AMONG US", by Matt Ritter
- 2) "AN INTRODUCTION TO SOUTHERN CALIFORNIA BUTTERFLIES", by Fred Heath and Herb Clarke
- 3) "ATTRACTING NATIVE POLLINATORS Protecting North America's Bees and Butterflies", by The Xerces Society
- 4) "BIRDS OF SOUTHERN CALIFORNIA", by Kimball L. Garrett, Jon L. Dunn, and Brian E. Small
- 5) "BRINGING NATURE HOME How You Can Sustain Wildlife with Native Plants", by Douglas Tallamy
- 6) "CALIFORNIA NATIVE PLANTS FOR THE GARDEN", by Carol Bornstein, David Fross and Bart O'Brien
- 7) "DESIGNING CALIFORNIA NATIVE GARDENS", by Glenn Keator and Alrie Middlebrook
- 8) "FLOWERING PLANTS The Santa Monica Mountains, Coastal & Chaparral Regions of Southern California", by the California Native Plant Society
- 9) "GARDENING WITH A WILD HEART Restoring California's Landscapes at Home", by Judith Larner Lowry
- 10) "HEALING WITH MEDICINAL PLANTS OF THE WEST", by James D. Adams, Jr. - Associate Professor of Pharmacology at USC, and Cecila Garcia- Chumash Indian Healer
- 11) "HOW TO BE A (BAD) BIRDPWATCHER", by Simon Barnes
- 12) "INSECTS OF THE LOS ANGELES BASIN", by Charles L. Hogue
- 13) "KINGBIRD HIGHWAY: The Biggest Year in the Life of an Extreme Birder", by Kenn Kaufman
- 14) "LANDSCAPE AND URBAN PLANNING", by Ian McHarg
- 15) "NATIVE TREASURES, GARDENING WITH THE PLANTS OF CALIFORNIA", by M. Nevin Smith
- 16) "REIMAGING THE CALIFORNIA LAWN Water-conserving Plants, Practices, and Designs" by Carol Bornstein, David Fross, and Bart O'Brien
- 17) "SONGBIRD JOURNEYS Four Seasons in the Lives of Migratory Birds", by Miyoko Chu
- 18) "TENDING THE WILD", by M. Kat Anderson
- 19) "THE DROUGHT DEFYING GARDEN", by Greg Rubin and Lucy Warren
- 20) "THE LANDSCAPING IDEAS OF JAYS A Natural History of the Backyard Restoration Garden", by Judith Larner Lowry
- 21) "WEEDS OF THE WEST", by The Western Society of Weed Science
- 22) "WILDFLOWERS OF THE SANTA MONICA MOUNTAINS", by Milt McAuley, photography by James P. Kennedy

# The Positive Affects of Soil, Plants ....and Gardening in general on the human body

- <https://www.gardeningknowhow.com/garden-how-to/soil-fertilizers/antidepressant-microbes-soil.htm>
- <http://permaculture.com.au/why-gardening-makes-you-happy-and-cures-depression/>
- <https://www.thrive.org.uk/gardening-can-help-you-feel-better.aspx>
- <https://www.rodalorganiclife.com/garden/10-plants-you-need-to-grow-if-youre-suffering-from-depression-stress-or-anxiety>
- <https://www.psychologytoday.com/blog/worry-and-panic/201505/petal-power-why-is-gardening-so-good-our-mental-health>
- <https://qz.com/993258/dirt-has-a-microbiome-and-it-may-double-as-an-antidepressant/>
- <https://www.newsday.com/lifestyle/columnists/jessica-damiano/bacteria-in-soil-has-antidepressant-effects-1.12833160>
- <https://www.medicalnewstoday.com/articles/66840.php>
- <https://www.sciencedaily.com/releases/2007/04/070402102001.htm>



# 16 places to go to see Native Gardens:

1. Baldwin Hills Scenic Overlook Park, Culver City
2. Ballona Wetlands – Discovery Park, Playa Vista
3. Ballona Wetlands – Ecological Reserve (Fresh and Salt Water Marshes)
4. Ballona Wetlands – Freshwater Marsh, near Playa del Rey
5. CSU Dominguez Hills Discovery Garden, Carson
6. Debs Park Audubon Center, near downtown LA
7. Eaton Canyon Natural Area, Pasadena
8. El Dorado Nature Center, Long Beach
9. Gardena Willows, Gardena
10. Kenneth Hahn Recreation Area (Native Plant and Wildlife Garden)
11. Madrona Marsh Preserve, Torrance (Native plant garden around Center and on Preserve)
12. Malibu Lagoon, Malibu
13. Manhattan Beach Botanical Garden, Manhattan Beach
14. Rancho Santa Ana Botanical Garden, Rancho Santa Ana
15. South Coast Botanical Garden, Palos Verdes Peninsula
16. Theodore Payne Foundation (native plants and trails), Sun Valley

## Links to 24 “local” places to hike, see birds, plants and wildlife:

1. Angel's Gate Friendship Park [http://www.sanpedro.com/sp\\_point/agrecent.htm](http://www.sanpedro.com/sp_point/agrecent.htm)
2. Baldwin Hills Scenic Overlook Park [http://www.parks.ca.gov/?page\\_id=22790](http://www.parks.ca.gov/?page_id=22790)
3. Ballona Wetlands Ecological Reserve <http://www.ballonafriends.org/habitat.html>
4. Bolsa Chica Ecological Reserve <http://bolsachica.org/>
5. Debs Park Audubon Center [http://ca.audubon.org/debs\\_park.php](http://ca.audubon.org/debs_park.php)
6. Descanso Gardens (La Canada/Flintridge)  
[http://www.descansogardens.org/index.php?option=com\\_content&view=article&id=54&Itemid=63](http://www.descansogardens.org/index.php?option=com_content&view=article&id=54&Itemid=63)
7. Eaton Canyon Natural Area <http://www.ecnca.org/>
8. El Dorado Nature Center <http://www.longbeach.gov/park/park-and-facilities/parks-centers-pier/el-dorado-nature-center/>
9. Franklin Canyon Park [http://www.lamountains.com/planning\\_franklin.html](http://www.lamountains.com/planning_franklin.html)
10. Gardena Willows <http://www.gardenawillows.org/>
11. Huntington Gardens (San Marino) <http://www.huntington.org/huntingtonlibrary.aspx?id=210&linkidentifier=id&itemid=210>
12. Kenneth Hahn Recreation Area [http://www.parks.ca.gov/?page\\_id=612](http://www.parks.ca.gov/?page_id=612)
13. Ken Malloy Harbor Regional Park (Harbor City) <http://www.laparks.org/dos/parks/facility/kenMalloyHarborPk.htm>
14. Madrona Marsh Preserve <http://www.friendsofmadronamarsh.com/j/>
15. Malibu Lagoon State Beach <http://www.lamountains.com/parks.asp?parkid=154>
16. Manhattan Beach Botanical Garden <http://www.manhattanbeachbotanicalgarden.org/>
17. Newport Beach Back Bay Bike Trail <http://www.daytrippen.com/newportbackbay.html>
18. Point Vicente Interpretive Center (Rancho Palos Verdes)  
<http://www.palosverdes.com/rpv/recreationparks/PointVicenteInterpretiveCenter/index.cfm>
19. Rancho Santa Ana Botanical Garden <http://www.rsabg.org/>
20. South Coast Botanical Garden <http://www.southcoastbotanicgarden.org/>
21. Temescal Canyon <http://www.lamountains.com/parks.asp?parkid=58>
22. Topanga Canyon State Park [http://www.parks.ca.gov/?page\\_id=629](http://www.parks.ca.gov/?page_id=629)
23. Theodore Payne Foundation <http://www.theodorepayne.org/>
24. Will Rogers State Park <http://www.lamountains.com/parks.asp?parkid=140>

# 13 Favorite “Day Trips” or Overnight

1. Anzo Borrego Desert State Park [http://www.parks.ca.gov/?page\\_id=638](http://www.parks.ca.gov/?page_id=638)
2. Kern River Preserve <http://kern.audubon.org/>
3. Owens Lake <http://www.ovcweb.org/OwensValley/Owenslake.html>
4. Salton Sea [http://www.parks.ca.gov/default.asp?page\\_id=639](http://www.parks.ca.gov/default.asp?page_id=639)
5. Sequoia National Park <http://www.visitsequoia.com/>
6. Torrey Pines State Natural Reserve <http://www.torreypine.org/>
7. Idyllwild <http://www.idyllwild.com/hiking.html>
8. Lancaster Poppy Festival <http://www.poppyfestival.com/>
9. Joshua Tree National Park <http://www.nationalparks.org/discover-parks/?fa=viewPark&pid=JOTR>
10. Point Vicente Interpretive Center (see *whales off the coast*)  
[http://www.sanpedro.com/sp\\_point/ptvicic.htm](http://www.sanpedro.com/sp_point/ptvicic.htm)
11. Red Rock Canyon State Park [http://www.parks.ca.gov/?page\\_id=25204](http://www.parks.ca.gov/?page_id=25204)
12. Royal Palms State Beach - aka White Point (*fabulous tide pools*)  
[http://www.sanpedro.com/sp\\_point/roylplms.htm](http://www.sanpedro.com/sp_point/roylplms.htm)
13. White Point Nature Preserve [http://www.pvplc.org/\\_lands/whitepoint.asp](http://www.pvplc.org/_lands/whitepoint.asp)



# Gardeners who specialize in Natives:

- **Dirt Diva Designs**, Francesca Corra (818) 370-3200
- **E Read and Associates**, Edith Read (714) 366-8857
- **Garden Designer**, Michael Terry (310) 383-5275
- **Gardenerd**, Christy Wilhelmi (310) 773-4806
- **Garden Natives**, Amanda Claverie (415) 994-2288
- **Giardino della Vita**, Lisa Fimiani (310) 339-2737
- **Natural Landscapes**, Anthony Baker (310) 377-2536
- **Romneya**, Gina Neusteter Koshak (310) 713-6617
- **Sodder Studio**, Ryan Drnek (310) 795-7994
- **The Perfect Place**, Diane Pollock (310) 283-8810
- **Wynne Wilson** (626) 296-3773

It is very important to hire gardeners ***who know Natives!***



Located at:  
13110 Bluff Creek Drive,  
(off Lincoln Boulevard)  
Playa Vista, CA 90094

Come visit!



Willow Tunnel



Ki



2-acre open-air science and  
cultural exhibit set in the  
community of Playa Vista,  
adjacent to the Ballona  
Freshwater Marsh and Ballona  
Wetlands Ecological Reserve,  
designed to engage and  
educate visitors about the  
Ballona Watershed

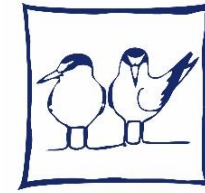


Interpretive Panels



# Ballona Discovery Park

Located at: 13110 Bluff Creek Drive,  
(off Lincoln Boulevard) Playa Vista, CA 90094



**FRIENDS OF  
BALLONA  
WETLANDS**

## Center for Urban Resilience (CUREs)

<http://cures.lmu.edu/our-programs/education/ballona-discovery-park/>

## Friends of Ballona Wetlands

[http://www.ballonafriends.org/visit\\_discovery\\_park.html](http://www.ballonafriends.org/visit_discovery_park.html)



CUREs Contact:  
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[CUREs@lmu.edu](mailto:CUREs@lmu.edu)  
<http://cures.lmu.edu/>

Friends Contact:  
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<http://www.ballonafriends.org/>