The Generations Defined Through a U.S. Lens

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The Generations Defined Through a U.S. Lens Chart

Mary K. McCullough, Ph.D. and Violet Wright

Abstract

Diversity in the workplace is an opportunity for learning and growth. One lens of diversity for leaders and organizations to consider is generational diversity, as now five generations comprise the U.S. workforce. Understanding the backgrounds of generational cohorts helps organizations create inclusive environments and address one aspect of intersectionality. Definitions of generational cohorts are not intended to stereotype individuals or groups. The Generations Defined Through a U.S. Lens Chart was developed over the past 14 years from a review of research and input from members of different generations. The Chart outlines both domestic and global influences impacting five generations: Veterans, Boomers, Generation X, Millennials, and Generation Z. The Chart also describes major characteristics for each generation including work and leadership preferences, as well as motivation in the workplace. The authors, one Boomer and one Gen Z, built on earlier versions of the Chart to include current research, expanded influences, and validate the content from experience. The goal of the Chart is to assist organizations in creating a workplace to celebrate and engage generational diversity.
<table>
<thead>
<tr>
<th>Generation Names</th>
<th>Veterans</th>
<th>Baby Boomers</th>
<th>Generation X</th>
<th>Generation Y/Millennials</th>
<th>Generation Z</th>
</tr>
</thead>
<tbody>
<tr>
<td>Population Size</td>
<td>19.1 million</td>
<td>71 million</td>
<td>45.2 million</td>
<td>72.1 million</td>
<td>68 million</td>
</tr>
<tr>
<td>Nicknames</td>
<td>&quot;The Silent Generation&quot;</td>
<td>&quot;Traditionalists&quot;</td>
<td>&quot;Xers&quot;</td>
<td>&quot;Sandwich Generation&quot;</td>
<td>&quot;Lost Generation&quot;</td>
</tr>
<tr>
<td>Domestic Influences (That inform my generation)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Global Influences (That inform my generation)</td>
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<td></td>
<td></td>
<td></td>
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<tr>
<td>Major Characteristics (I am...)</td>
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<tr>
<td>Ideal Work Environment (I seek a workplace that...)</td>
<td></td>
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</tbody>
</table>

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| Support Systems  | I need a leader who... | - Allows me to contribute in my own way  
- Encourages mentorship  
- Asks me to lead and facilitate teams  
- Recognizes my expertise as an in-house consultant  
- Is willing to negotiate part-time work schedules  
- Personalizes the workplace through the use of newsletters and bulletin boards for family photos  
| Baby Boomers | - Provides an outlet for personal expression  
- Appeals to individualism  
- Finds what I do best and values my individual talents  
- Trusts me and in whom I can trust  
- Allows me options: flexible hours, telecommuting, four-day work week, etc.  
- Encourages team work  | | | | |
| Generation X | - Appreciates my achievements through positive and individual feedback  
- Does not enforce long hours or engage in office politics  
- Is honest and transparent about their expectations of me  
- Engages in open, honest communication  
- Is willing to answer me when I ask "why"  
- Wants to build relationships  | | | | |
| Generation Y/Millennials | - Offers short term assignments that are not routine  
- Offers training and career advancement  
- Assists me along--the way because I learn while doing  
- Takes into consideration wellness  | | | | |
| Generation Z | - Provides the outlet to think of creative solutions  
- Incorporates technology  
- Promotes equality and diversity  
- Takes initiative in assigning tasks and addressing conflict  
- Offers frequent and clear communication  
- Lets me explore what I am passionate about  
- Encourages my development and supports mentoring  | | | | |
| Incentives       | I will work harder for... | - Time off to spend with family  
- Flexible time to spend on: my leisure activities, partnerships with non-profits and volunteer activities, sabbaticals to build hobbies or pursue self-fulfillment  
- The ability to "sample retirement" while maintaining my right to return to work  
- Traditional family events that include grandchildren  
- Benefit plans for returning to work part-time  | - The chance to lead a project or venture  
- Problem-solving responsibilities  
- Material rewards: first class plane tickets, luxury hotels, etc.  
- Extra vacation days  
- Cafeteria-style benefits  
- Flexible work schedules and locations  
- More stability, less travel  
- Personal fulfillment in my career  
- Time off for exploration  | | | | |
| Baby Boomers | - A workplace that values my quality of life  
- Incentives I design  
- Fun if I have to stay late  
- Autonomy  
- Flex time--just get the job done  
- Casual dress options  
- Extra vacation as a reward  
- Family leave programs to care for aging parents and/or children  
- Compensation: ability to build savings, pay off student loan debt, etc.  | | | | |
| Generation X | - Weekends and evenings free  
- A workplace that makes a larger impact  
- Incentives I design  
- Fun if I have to stay late  
- Autonomy  
- Flex time--just get the job done  
- Casual dress options  
- Extra vacation as a reward  
- Family leave programs to care for aging parents and/or children  
- Compensation: ability to build savings, pay off student loan debt, etc.  | | | | |
| Generation Y/Millennials | - Time off to enjoy the things I really enjoy  
- Immediate success  
- Team work especially at critical times  
- Basic needs (food, childcare)  
- Personal thank you's and recognition  
- Compensation: ability to build savings, pay off student loan debt, etc.  
- The opportunity to be rich and famous  | | | | |
| Generation Z | - The ability to foster a more equitable work environment (benefits, unionization, etc.)  
- The opportunity to implement creative solutions  
- The ability to explore what I am passionate about  
- Time to spend with family and friends  
- The chance to work overtime every once in a while  
- Flexible hours  
- Compensation: wants to prevent financial struggles as experienced by parents and clear student debt  | | | | |
| Motivations      | I am motivated by... | - Work that is arranged around my extra-curricular activities  
- Recognition for my high level of loyalty and my long term value add  
- Assistance in easing into retirement  
- Opportunities for retirees to help other retirees  | - The challenge of the "best way to solve the problem"  
- Having my ideas and suggestions valued and by rewards for finding flaws in the current system  
- Being consulted in decision-making  
- Creating teams to do innovative things  
- Selecting my own training workshops and courses  
- Retirement considerations  | | | | |
| Baby Boomers | - Learning many different jobs to build my marketable skills  
- Looking for bigger and better opportunities/paychecks  
- Building coalitions  
- Any workplace that provides me with the best possible rewards and will move often to find it  | | | | |
| Generation X | - Time to explore new jobs or assignments  
- Pay for performance-advancement not based on seniority  
- Meaningful work that contributes to a goal (especially societal goal)  
- Responsibility for achieving lofty goals  
- Designing my own work environment (no cubicles)  
- Internet use flexibility  | | | | |
| Generation Z | - Diversity, equity, inclusion, and justice  
- The chance for growth and personal development in a company  
- Work that is making a larger impact on society  
- The ability to think critically and engage in creative solutions  | | | | |

*The newest generation, Generation Alpha, comprises 48 million individuals born between the years of 2011 and 2024. Nicknamed “Gen Alpha,” “Mini Millennials,” and “The Glass Generation,” this generation is affected on a domestic level by school shootings, the United States’ pandemic policy response, Black Lives Matter and anti-racism movements, and the Trump presidency. Globally, they are influenced by the ongoing climate crisis, war in Ukraine, the British exit from the European Union (Brexit), and COVID-19 pandemic. This group is digitally native, and as they grow, will favor online schooling, financing, communicating, and socializing. They will evolve into the most highly educated and diverse generation yet.

**Birth years vary by source.
References


Visual Capitalist. “Generational Power Index.” *Visual Capitalist*, 2021, 
