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2007

Together

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Roche, Fr. Randy, "Together" (2007). *Spiritual Essays*. 93.

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Together

“What is the main thing that God is doing in me at this time?” The question is not merely about whatever we might consider of importance in our life, but about a significant direction that is of mutual interest to God and to us. By asking the question we acknowledge the positive reality that God initiates, encourages, and fosters particular movements within us that are fulfilling for us and of benefit to those around us.

We do not usually ask of ourselves deeply reflective questions as easily or as regularly as we might sit down to breakfast. But whether occasioned by an external event like something we read, or by an internal “pop-up message,” we can become aware that something significant is moving in us at a deep level, and that it is time for us to discover what it is. Whenever we are led to begin the process, we seek to identify one major value-laden area of possible growth that has about it the marks of God’s inspiration.

The movement in our lives that is of highest importance might not be obvious to us at first, though it will surely be a matter that we have been dealing with for some time in at least a partially consciousness manner. When we begin to reflect, and especially if we invite God to guide our internal search, we can start with whatever comes to mind, any possible candidate for “most important,” and notice the degree of intensity with which the thoughts and accompanying feelings arise. We might be surprised at how quickly we are able to name an aspiration that has long been ours, but one that we had not previously brought into awareness with clarity.

When we look within, and choose to let God provide illumination, we will probably find our attention drawn towards an aspect of our lives that is central to many lesser, particular concerns. Rather than discover a deep call to clean our desk, write a letter, or complete a half-done project, we will more likely find ourselves drawn to recognizing a heartfelt desire to orient ourselves more towards others than to self, or to face a consistent fear that blocks our growth, or to take on a challenge that we now see as wholly appropriate. When we let God guide our thinking, we are likely to uncover God-like aspirations within us.

The gift and grace of recognizing and acknowledging a primary focus for our energy is a positive experience to be embraced, not feared or avoided. God, who loves us, and has our best interests at heart as well

as the welfare of those whose lives we affect, always inspires in us movements towards growth, towards being more fully ourselves, and also of being more trusting of our relationship with God.

The decisions we make that follow our discovery of the main movement of God in us will always be carried out in accord with our relationship with God: together.