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This Day

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This Day

Would we say that this day is a blessing? The answer we give depends on the variables of our experiences, and our powers of reflection. The answer must be ours, as no one else can know what is in our hearts unless we choose to reveal it. If we wish to answer the question to our own satisfaction we might consider a variety of perspectives.

We might decide not to make any kind of judgment about the quality of this day, preferring to let the day be what it is. Or, we can look through the day's events and determine whether they seem favorable to us or not, taking as our point of view how we are affected. With a bit broader perspective we might consider the effects of the day's events not only upon us, but others as well.

If we believe that every day is a gift from God, we will consider how to understand the experiences of this day as being blessed. Though the question is ours to answer, we might take into account our perception of how we have touched or have been affected by others.

And we want to look at what "this day" comprises: what we did or did not do and what we experienced in the context of family, business, school, city, region, country, or world. Though we most likely look at this day from the standpoint of our own thoughts and feelings in response to what we have done, observed, and received, we can also consider what this day might be "in heaven:" our inspired estimate of the day's value in view of eternity.

We do well to keep our question about blessings in the present. The past is gone. We can say that yesterday was blessed or not blessed, but this is the day that God is giving us. If we consider it a gift, we can insist with ourselves that this day contains the challenges and graces that are exactly suited to us so that we might express in real time our timeless ideals and values. With such an attitude, we will more readily find what is beneficial in it than if we judge this day as a blessing or not in comparison with another.

Also, "this day" can be considered in the context of The Lord's Prayer, as in "Give us this day our daily bread." God does not give us tomorrow until tomorrow. We are granted life for today, and, with God, we influence not only what takes place, but most especially, how we interpret or understand our participation in this day. We can look for the signs of how God is giving us our "daily bread," rather than

merely add up the pleasures, subtract the unpleasantness, and then say of the day that it is blessed or not.

What is the most important day of our lives? From the perspective of trust in God, we might say that it must be the day we are experiencing: this day.